**BITS PILANI, DUBAI CAMPUS**

**ACADEMIC – UNDERGRADUATE STUDIES DIVISION**

**FIRST SEMESTER 2024 – 2025**

**Course Handout (Part – II)**

**Date**:22.08.2024

*In addition to Part I (General Handout for all courses appended to the Timetable) this portion further specific details regarding the course.*

**Course No : GS F232 (3 0 3)**

**Course Title : Introductory Psychology**

**Instructor in Charge : Dr. Mrutuyanjaya Sahu**

**Instructors : Dr. Shaima Amatullah**

**Scope and objective of the course:**

To introduce the fundamentals of human behaviour and to understand how these principles are applied in different aspects using scientific methods.

**Course Pre/Co- requisite** (if any)**& Catalogue / Bulletin Description:** *Given in the* Bulletin *2022-23.*

**Text Book:** Robert A. Baron. Psychology. Revised 5th Edition. Pearson. 2009

**Reference Books:**

(i) Ceccarelli & Meyer, Psychology, South Asian Edition, Pearson Longman, 2006

(ii) A. K. Singh, “Tests, Measurements and Research Methods in Behavioural Sciences”, Revised 4th

Edition, Bharati Bhawan, 2009

(iii) Feldman, R, S. Understanding Psychology. 14th Ed. McGraw-Hill, 2018

**Course Plan:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Lec #** | **Contents** | **Learning Objectives** | **Reference in Book** |
| 1-2 | Psychology: A Science & Perspective | Modern Psychology: Definition, Origin, Issues and Perspectives, Trends, Psychology in India, Overview of Research Methods in Psychology | TB1: Chapter 1 |
| 3-4 | Biological Bases of Behavior | Nervous System: Neurons as Building Blocks, Basic Structure and Functions, The Brain; The Brain and Human Behavior; Heredity and Behavior: Genetics & Evolutionary Psychology | TB1: Chapter 2  (40- 81) |
| 5-8 | Sensation & Perception: Making Contact with the World around us;  Cognition: Thinking, Deciding & Communicating | Sensation: The Raw Materials for Understanding; Perception  Thinking: Forming Concepts and Reasoning to Conclusions; Making decisions; Problem Solving | TB1: Chapter 3  (82- 127)  TB1: Chapter 7  (246- 283) |
| 9-12 | States of Consciousness | Biological Rhythms; Waking States of Consciousness  Sleep, Dreams, Hypnosis and Consciousness- Altering Drugs | TB1: Chapter 4  (128- 165) |
| 13-17 | Learning: How we’re changed by Experience | Learning: Classical Conditioning, Operant Conditioning, Observational Learning, Social Cognitive Learning Theories | TB1: Chapter 5 (166- 207) |
| 18-21 | Memory: Of Things Remembered and Forgotten | Human Memory; Kinds of Information Stored in Memory, Forgetting, Memory Distortion and Memory Construction, Memory in Everyday Life; Memory & Brain | TB1: Chapter 6  (208- 245) |
| 22-23 | Emotions | Emotions: Their Nature, Expression & Impact | TB1: Chapter 10  (395- 409) |
| 24-26 | Intelligence: Cognitive, Practical, Emotional | Intelligence: Contrasting Views of its nature; Measuring Intelligence; Human Intelligence: Role of Heredity and Environment; Group Differences in Intelligence; Emotional Intelligence : The Feeling Side of Intelligence; Creativity: Generating the Extra ordinary | TB1: Chapter 11  (410- 447) |
| 27-31 | Personality: Uniqueness and Consistency in the behaviour of Individuals | Personality: What is it?; The Psychoanalytic Approach; Humanistic Theories, Trait Theories; Learning Approaches to Personality; Measuring Modern Research on Personality: Applications to Personal Health and Behavior in Work | TB1 Chapter 12  (448- 487) |
| 32-33 | Health, Stress & Coping | Health Psychology; Stress- Causes, Effects and Control; Understanding and Communication our Health Needs; Behavioural and Psychological Correlates of Illness; Promoting Wellness: Developing a Healthier Lifestyle | TB1: Chapter 13  (488- 503; 521- 529)  TB1: Chapter 13  ( 504- 520) |
| 34-38 | Social Thought & Social Behaviour | Social Thought- Social Perception, Attribution, Social Cognition, Attitudes; Social Behavior- Prejudice & Discrimination, Social Influence, Attraction & Love, Leadership | TB1: Chapter 16  (616- 658) |
| 39-40 | Research Methods in Psychology | Psychology & the Scientific Method; Research Methods in Psychology- Observation, Correlation, Experimentation Method; Issues in Psychological Research | TB1: Chapter 1  (19- 34) |

**Course Learning Outcomes (CLOs)**

Upon successful completion of this course, students should be able to:

* **CLO1** Understand thehuman psyche (behaviour, thoughts and emotions) using different schools of thought or approaches within psychology their applications
* **CLO2** Gain the knowledge of the basic mental processes like perception, motivation, emotions, learning, memory, intelligence and behaviour and related theories
* **CLO3** Further develop a critical understanding of the above and their role in human lives
* **CLO4** Reflect on the learnings and connect them to their personal lives

**Evaluation Scheme:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| EC No. | Evaluation Component (EC) | Duration | Weightage (%) | Date & Time | Nature of the Component |
| 1 | Quiz | 20 mins | 10 % | 8.10.2024 | Closed Book |
| 2. | Mid-Sem | 90 mins | 30% | 28.10.2024 AN | Closed Book |
| 3. | Assignment | - | 20% | TBA | Open Book |
| 4. | Comprehensive Examination | 3 Hours | 40% | 07.01.2025 AN | Closed Book |

**Mapping of CLOs, PLOs, and CECs**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| CLOs | PLOs | Evaluation Components (ECs) | | | |
| **EC1** | **EC2** | **EC3** | **EC4** |
| CLO1 | 1, 2, 3 | ✓ | ✓ | ✓ | ✓ |
| CLO2 | 1, 2, 3, 4 |  | ✓ | ✓ |  |
| CLO3 | 2, 3, 4,5, 6 |  | ✓ | ✓ | ✓ |
| CLO4 | 2, 4, 5, 6 |  |  |  | ✓ |

\* Please refer the link for the PLOs.

**Mid-semester Grading**:

Mid-semester grading will be displayed after two evaluation components or earlier when- ever about 33 % of evaluation components are completed.

**Note:** **A student will be likely to get “NC”, if he / she**

Doesn’t appear / appear for the sake of appearing for the evaluation components / scoring zero in pre-compre total.

**Makeup and Attendance policies**:

**Make-ups** are not given as a routine. It is solely dependent upon the genuineness of the circumstances under which a student fails to appear in a scheduled evaluation component. In such circumstances, prior permission should be obtained from the Instructor-in-Charge (I/C).The decision of the I/C in the above matter will be final.

**Attendance:** Every student is expected to be responsible for regularity of his/her attendance in class rooms and laboratories, to appear in scheduled tests and examinations and fulfill all other tasks assigned to him/her in every course. A student should have a minimum of 60% of attendance in a course to be eligible to appear for the Comprehensive Examination in that course. For the students under the purview of Academic Counseling Board (ACB), the Board shall prescribe the minimum attendance requirement on a case-to-case basis. Attendance in the course will be a deciding factor in judging the seriousness of a student which may be directly / indirectly related to grading.

**General timings for consultation**: Tuesday 8.25 AM-9.30 AM

**General instructions**:

Students should come prepared for classes and carry the text book(s) or material(s) as prescribed by the Course Faculty to the class.

**Notices**: All notices concerning the course will be displayed on the notice boards of the **HSS Department**.

### **Instructor in charge**

**GS F232**

**Instructors’ Contact Details:**

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| Dr. Shaima Amatullah. Chamber No: 168, Contact No: +971442753700 Ext 211Email id: [hssadjunct@dubai.bits-pilani.ac.in](mailto:hssadjunct@dubai.bits-pilani.ac.in) |